



**BROOKLETTS PLACE
TALBOT SENIOR CENTER
400 BROOKLETTS AVENUE * EASTON, MD
410-822-2869**

NOVEMBER 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 8:00 Enhance Fitness 9:00 Coffee Hour 9:00 Memory Screening 9:30 Enhance Fitness 10:00 Advanced Beginners Watercolor 10:00 AARP Board Meeting 10:00 Basic American Sign Language 11:00 Card Players 11:30 Lunch/Bingo @ Golden Corral 12:00 Lunch 12:30 Healthy Living w/Diabetes 12:30 Mahjong	3 8:00 Enhance Fitness 8:30 Beginning Computer 9:00 Coffee Hour 9:30 Enhance Fitness 10:30 Contract Bridge 12:00 Lunch 12:30 Pinochle 1:30 AARP Meeting National Diabetes Month 	4 8:30 Email 8:45 Gentle Yoga 9:00 Memory Screening 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:30 Dance Steps 11:00 Duplicate Bridge 12:00 Lunch	5 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Po-Ken-O 10:45 Balance: Fall Prevention 11:00 Canasta 11:30 Lunch & Learn W/Pam 12:00 T'ai Chi @TCCC 5:00 TOPS	6 9:00 Bus Trip to Harrington DE Casino 9:00 Coffee Hour 9:00 Zumba Gold 10:00 Mahjong 10:00 Flu Clinic 10:30 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class
9 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Basic American Sign Language 10:00 Advanced Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:30 Healthy Living w/Diabetes 12:30 Mahjong	10 8:00 Enhance Fitness 8:30 Beginning Computer 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 "Thankful Heart" Door Wreath Craft w/First Baptist Church 10:30 Contract Bridge 12:00 Lunch 12:30 Pinochle	11 CLOSED FOR VETERANS DAY 	12 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Po-Ken-O 10:30 Edward Jones Seminar "Foundation of Investing" 10:45 Balance: Fall Prevention 11:00 Canasta 12:00 Lunch/ David DeBoy & The Hons 12:00 T'ai Chi @TCCC 5:00 TOPS	13 9:00 Coffee Hour 9:00 Zumba Gold 10:00 Mahjong 10:30 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class
16 8:00 Enhance Fitness 8:30 Comm. On Aging 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Basic American Sign Language 10:00 Advanced Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:30 Healthy Living w/Diabetes 12:30 Mahjong	17 8:00 Enhance Fitness 8:30 Beginning Computer 9:00 Coffee Hour 9:00 Needle Felting Class w/Laura Rankin 9:30 Enhance Fitness 10:30 "Fall Gardening Series" w/Talbot County Master Gardeners 10:30 Contract Bridge 12:00 Lunch w/Chris Noyes 12:30 Pinochle	18 8:30 Email 8:30 Gentle Yoga 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:30 Dance Steps 11:00 Duplicate Bridge 12:00 Lunch	19 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:00 Elder Law Clinic 10:30 Grocery Bingo 10:45 Balance: Fall Prevention 11:00 Canasta 12:00 Thanksgiving Luncheon/Music w/Gene Edwards 12:00 T'ai Chi @TCCC 12:30 Collage Jewelry Class 5:00 TOPS	20 9:00 Coffee Hour 9:00 Zumba Gold 9:30 Collage Jewelry Class 10:00 Mahjong 10:30 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class
23 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Basic American Sign Language 10:00 Advanced Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:30 Healthy Living w/Diabetes 12:30 Mahjong	24 8:00 Enhance Fitness 8:30 Beginning Computer 9:00 Coffee Hour 9:30 Enhance Fitness 10:30 "Fall Gardening Series" w/Talbot County Master Gardeners 10:30 Contract Bridge 12:00 Lunch/w/Shelley Abbott 12:30 Pinochle	25 8:45 Gentle Yoga 8:30 Email 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:00 Blood Pressure Screening 10:30 Dance Steps 11:00 Duplicate Bridge 12:00 Lunch 5:00 TOPS Weigh-In Only	26 CLOSED THANKSGIVING DAY 	27 CLOSED THANKSGIVING HOLIDAY
30 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Basic American Sign Language 10:00 Advanced Beginners Watercolor 11:00 Card Players 11:00 Festival of the Trees w/Dutch Lunch Out at Hunter's Tavern 12:00 Lunch 12:30 Healthy Living w/Diabetes 12:30 Mahjong		NOVEMBER IS National Alzheimer's Disease Awareness Month National Family Caregivers Month Pancreatic Cancer Awareness Month Lung Cancer Awareness Month	Calendar of Events on the WEB: www.talbotcountymd.gov Community/Other Local Agencies/Senior Center & as a link on the Town of Easton's website www.town-eastonmd.com Community/Talbot Senior Center Also available on the Eastern Shore Senior Website: http://www.easternshoresenior.com/content/talbotseniorentercalendar	VISIT US ON OUR NEW WEBSITE: www.brooklettsplace.org VISIT US ON FACEBOOK AT BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER

OUTINGS & EVENTS:

Mon., Nov. 2 - (11:30 a.m. – 1:30 p.m.) Join us for a buffet lunch (includes a drink and tax for \$11.74) followed by five (5) games of bingo at the *Golden Corral*. Prizes include Golden Corral favorites such as cookies, rolls, cake, etc. Grand prize will be a takeout entrée. If you don't want to play bingo, feel free to join us for lunch. Bus will leave the Center at 11:15 a.m. Advance sign-up is required.

Fri., Nov. 6, 2015 - (9:00 a.m. – 5:00 p.m.) *Harrington Raceway/Casino, Harrington, DE* \$30.00 per person (includes bus transportation and all gratuities) with \$10 Free Play from Casino and one Free Buffet. The bus will leave Kohl's parking lot at 9:00 a.m. with arrival at the Casino at 10:00 a.m. We will depart the Casino at 4:00 p.m. with anticipated arrival in Easton at 5:00 p.m. Advance sign-up is required

Thurs., Nov 12 – (12:30 p.m. – 2:30 p.m.) *David DeBoy & the Hons* will bring their crazy carnival of Christmas Carols back to Brookletts Place. The show will incorporate audience participation, surprises and fun for all ages as they perform hits from his two best selling CD's, "Crabs for Christmas for 20 Years" and Crabs for Christmas Live!" Their songs and comedy routines are wild, hilarious, touching and full of fun. This program is funded in part by a grant from the Talbot County Arts Council with revenues provided by the Maryland State Arts Council, Talbot County and the Towns of Easton and Oxford and by The American Legion Blake-Blackston Post #77. Advance sign-up for lunch is required by Oct. 29th or you may bring your own lunch.

Tues, Nov 17 – (12:15 p.m. – 1:00 p.m.) Chris Noyes: Songs For Thanksgiving - Local favorite, Chris Noyes, will present a marvelous medley of popular and original songs performed on guitar and ukulele in celebration of Thanksgiving. Made possible by the generous support of the Talbot County Arts Council, the Maryland State Arts Council, Mid-Shore Community Foundation MSCF, Dock Street Foundation, Brookletts Place and by individual contributions to the Carpe Diem Arts Outreach Fund c/o MSCF. Advance sign-up for lunch is required by Nov 3rd or you may bring your own lunch.

Thurs. Nov. 19 – (12:00 p.m. – 1:00 p.m.) *Thanksgiving Luncheon/Music with Gene Edwards Review* (digital keyboard and vocal music, featuring a full array of amazing hits).

Advance sign up for lunch is required by Nov 5th

Tues. Nov. 24 – (11:30 a.m.) Lunch with Shelley Abbott Advance sign-up for lunch required by Nov. 10 or you may bring your own.

Mon., Nov. 30 – (11:00 a.m.- 1:30 p.m.) *Festival of the Trees w/Dutch Lunch Out at Hunter's Tavern, Easton.* Bus will leave senior center 11:00 a.m. arrive at Festival 11:15 a.m. lunch at Hunter's Tavern 12:00 p.m. arrive back at the center 1:30 p.m. Advance sign-up is required by November 23rd.

UPCOMING TRIPS: All trips open to anyone 21 years of age or older. SORRY but no children or infants allowed. Refund policy is in effect for all trips.

February 16 – March 2, 2016

Australia and New Zealand Cruise 16 days/15 nights aboard the Diamond Princess. Inside Cabin Category ID - \$5294 per person, Inside Cabin Category IB \$5354 per person, **FINAL payment due by November 3, 2015.** Please note -- cabins will not be assigned until full payment has been received. Prices are based on double occupancy and include roundtrip air fare from Baltimore, cruise, port charges, government fees, taxes and transfers to/from ship. **PASSPORT REQUIRED** *** there are only a few inside cabins available***

April 10 – 15, 2016

Bermuda Cruise 6 days/5nights aboard the *Carnival Pride* leaving from Baltimore; Inside Cabin Category 4D - \$657 per person or Balcony Cabin Category 8C - \$857 per person **FINAL payment due by January 10, 2016.** Please note -- cabins will not be assigned until full payment has been received. Prices are based on double occupancy and include transportation to and from the port, cruise, port charges and government fees. **PASSPORT REQUIRED** ***still have just a few inside and balcony cabins available***

*****NEW*** October 2-9, 2016**

Western Mediterranean Cruise 8 Days/7Nights with Royal Caribbean Cruise Line on the Harmony of the Seas. Inside Cabin Category K - \$3359 per person, Outside Cabin Category G \$3,664 per person, Balcony Cabin Category D6 - \$3,238 per person. \$350 initial deposit per person is required to secure reservations and assign cabins. **FINAL payment due by June 17, 2016.** Prices are based on double occupancy and include roundtrip air fare from Baltimore, cruise, port charges, government fees, taxes and transfers to/from ship. **PASSPORT REQUIRED**

FREE PROGRAMS: Advance sign-up requested for most programs – PLEASE NOTE – IF YOU SIGN UP FOR ANY OF THE FREE PROGRAMS THAT HAVE SPACE LIMITATIONS AND ARE UNABLE TO ATTEND, PLEASE BE COURTEOUS AND CALL TO LET US KNOW BECAUSE SOMEONE ELSE CAN BE PUT IN YOUR SLOT. ADDITIONALLY IN SOME CASES A FEE MAY APPLY FOR NO SHOWS!!

- **Mon., Nov 2 & Wed., Nov 4 – (9:00 a.m. – 12:00 noon)** "Brookletts Place" Talbot County Senior Center is participating in the *Alzheimer's Foundation of America National Memory Screening Week*. We will conduct memory screenings at the Center free of charge (allow 15 minutes for your screening). Advance registration suggested. (410) 822-2869 x255.
- **Mon., Nov 2, 9, 16, 23 & 30, 2015 - (10:00 a.m. – 11:00 a.m.)** *Basic American Sign Language (ASL) Class* - Lean the basics of ASL, alphabets, numbers, simple sentence structure, rules of the language and Deaf Culture. Renee' L. B. Gordan, Instructor. Advance sign-up required.
- **Mon. Nov 2, 9, 16, 23, 30 & Dec. 7, 2015 (12:30 p.m. – 3:00 p.m.)** *Healthy Living with Diabetes Workshop* - Class meets once each week for 6 weeks. In this free workshop, you will learn how to better manage living with diabetes and so much more!! Healthy Living with Diabetes is very interactive and class participants receive helpful information, learn new skills, and share and learn from each other. Topics covered include: monitoring your blood sugar, nutrition and healthy eating, the importance of exercise, stress management and relaxation techniques, dealing with difficult emotions, foot care, and much more. Advance sign-up is required.
- **Thurs., Nov 5 – (11:30 p.m.-12:30 p.m.)** *What are Medicare Advantage Plans?* How do they work? What do I need to know? Join Pam Haynes, Talbot County SHIP Coordinator as we travel down the road of Medicare Part C.
- **Tues., November 10 - (10:00 a.m. – 11:00 a.m.)** "Thankful Heart" *Door Wreath Craft* - Compliments of First Baptist Church, taught by Liz Lynch, Bob Lynch, Joann Harris, & Judith Grobler. Limited to 20 participants – Advance sign-up is required
- **Thurs., Nov 12 - (10:30 a.m. – 11:30 a.m.)** *Edward Jones Seminar with Tom Duncan continues with "Foundation of Investing".* Advance sign-up is required
- **Tues., Nov 17 – (9:00 a.m. – 12:00 p.m.)** *Needle Felting Class* with Laura Rankin Students in her class will explore the world of 2 & 3 dimensional sculpting with gorgeous wools. They will learn the basics of the craft; how to form a solid, felted ball, how to make a cylinder (or "sausage"), as well as a cone form and how to use templates for making infinite shapes. During the 3 hour workshop students will create a 3D holiday-themed character, a 2 dimensional ornament and an acorn capped ornament. Materials will be supplied and students will leave with their own felting needle, felting pad, wool samples and techniques, plus other useful information. Class will be limited to 12 students. This program is funded in part by a grant from the Talbot County Arts Council with revenues provided by the Maryland State Arts Council, Talbot County and the Towns of Easton and Oxford and by The American Legion Blake-Blackston Post #77. Advance sign-up is required.
- **Tues., Nov 17 & 24 (10:30 a.m. – 11:30 a.m.)** "Fall Gardening Series" w/*Talbot County Master Gardeners* Winter is coming, and you may be thinking that the gardening season is over. While the "growing" season may be slowing down, you don't have to! Fall is prime time for getting your plants ready for winter. Do you have a pair of rusty clippers? Are they dull? We will demonstrate and talk about taking care of your tools, how to make them sharpen and shine. The Master Gardeners will also cover important winterizing questions: when to cut back perennials, when to prune woody plants, what to do with an empty vegetable garden, and more." Advance sign-up is required.
- **November 19 & 20, 2015 (12:30 p.m. 2:30 p.m. and 9:30 a.m. – 11:30 p.m.)** *Collage Jewelry Class* -with Sue Stockman- Students will create a pin, using found objects, in a collage format. You will be encouraged to incorporate personal pieces that may hold significant meaning or memories. The items will be connected with wire and various techniques that will be covered, including some simple forging and flattening of non-ferrous metals. Sue is a celebrated artist who encourages personal creativity and growth. This program is funded in part by a grant from the Talbot County Arts Council with revenues provided by the Maryland State Arts Council, Talbot County and the Towns of Easton and Oxford and by The American Legion Blake-Blackston Post #77. This class is limited to 12 students. Advance sign-up is required.

- **Flu Shots**
- **Fri., November 6 - (10:00 a.m. – 12:00 p.m.)** Flu Shot Clinics conducted by Hill's Drug Store, FREE with Medicare Part B

SELF-PAY CLASSES: SPACE AVAILABLE IN ALL CLASSES

- **Advanced Beginners Watercolor Class** – Every Monday (10:00 a.m. – 12:00 p.m.) \$20.00 per session. Please contact Carol Loveless, Instructor for additional information at 410-763-8320
- **Beginning Oil Painting** – Every Wednesday (9:00 a.m. – 12:00 p.m.) \$5.00 per hour. NO CHARGE for SUPPLIES for first three sessions. Contact Jane Bollman, Instructor at 410-770-8611 or bollman@goeaston.net for additional information or to register
- **Gentle Yoga with Cyndi Prudhomme** - Every Wed. (8:45 a.m. – 9:45 a.m.) \$5-8.00 per class drop-in fee
- **Intermediate Watercolor** - Every Thursday (10:00 a.m. – 12:00 p.m.) \$60.00 per 6 week session. New session begins November 13th. Diana Evans, Instructor
- **Zumba Gold** - Every Fri. (9:00 a.m. – 9:45 a.m.) Cyndi Prudhomme, Instructor - \$30.00 per session or \$5.00 per class drop in fee
- **Keyboard /Guitar Lessons** Every Friday (10:30 a.m. – 11:30 a.m.) \$5.00 per week taught by Quinn Parsley of Mike Elzey's Guitar Studio
- **Spanish Fun Conversation Class** - Every Friday (1:00 p.m. – 2:00 p.m.) \$5.00 per week taught by Roberto Padron

OTHER PROGRAMS:

- **Mahjong** – Every Monday 12:30 p.m. and Friday 10:00 a.m. in the Game Room: Beginners are welcome – 1st Friday of each month is designated as "New Players Day". Come and learn!
- **Contract Bridge** – Every Tuesday 10:30 a.m. in Exercise Room #2 - Free Instruction for Beginners with advance notice
- **Pinochle** – Every Tuesday 12:30 p.m. in the Game Room – Willing to teach Beginners at any time
- **Shore Line Dancing** – Every Tuesday 7:00 p.m. – 9:00 p.m. FEE Applies, 1st time free. For additional information please contact Joyce at 410-228-9200 or Garon at 410-820-7176
- **Yard & Needle Group** – Every Wednesday at 9:30 a.m.
- **Video (Wii) Bowling** - Every Wednesday at 10:00 a.m. in the TV Room. Come Join the Team!
- **Blood Pressure Screening** – 2nd & 4th Wednesday of each month at 10:00 a.m.
- **Canasta** – Every Thursday 11:00 a.m. in the Upstairs Lobby – *Currently for those who already know how to play.* Beginners instruction 1st Wednesday of each month from 12:00 p.m. – 3:00 p.m. – Advance notice requested for instruction
- **Elder Law Clinic** – Every 4th Thursday 10:00 a.m. – 1:00 p.m. **BY APPOINTMENT ONLY** Contact Mid-shore Pro-Bono at 410-690-8128 *****Except November & December Due to the holidays*****
- **Poetry at Noon** – Every Friday in the Conference Room

Upcoming Events

*****SIGN-UP NOW *** LUNCH WITH DELMARVA COMMUNITY SERVICES SENIOR CENTER AT DCS/CAMBRIDGE, MD ON THURSDAY, DECEMBER 17, 2015**